



# SAFE SWIMMERS START HERE! JUST ADD WATER

Hastings Lake YMCA has taught 497 children how to swim in 2017.

The most important reason children should learn to swim is SAFETY. Swimming is a life skill. It's something your child will retain for the entirety of their life.

If the CDC statistics are correct, about 728 children would survive each year just by knowing how to swim. Whether it's learning how to swim, perfecting your stroke or staying fit, the Y has a swim lesson program that is right for you.

Swim sessions going on now and Spring 2 session begins April 16.

**For more information, visit:**  
[ymcachicago.org/hastingslake](http://ymcachicago.org/hastingslake)